



Crowns, Bridges and Veneers After Care

Temporary Restorations

A temporary restoration is placed on your tooth or multiple teeth to serve as a short term solution – protecting and maintaining shape while your final restoration is being made. This temporary solution will ensure the final restoration will fit properly. Temporaries are not strong and are not firmly cemented. They are meant to function as they sound – “temporary”.

What to Expect After Treatment

- Temporaries may break or come off occasionally. If this occurs, place it back on the tooth with denture adhesive or toothpaste and call the office to have it properly recemented.
- Please do not leave the temporary out of your mouth because the teeth can shift and the final custom made restoration may not fit properly.
- Please clean around your temporary and keep your gums healthy with gentle brushing.
- The appearance of your temporary may not resemble your final restoration. It may fade or change shade with exposure to coffee, soda, redwines, etc. Candy and gum will likely remove the temporary, so PLEASE refrain from using them.
- Sensitivity to hot, cold, pressure or sweets is not uncommon.

Final Restoration

After the final cementation of your restoration(s), it may take a few days to get used to your new crown, bridge or veneer. If your bite feels unbalanced, please call the office and Dr. Broering can do a simple adjustment.

Sensitivity, especially to cold, is common for a time following treatment. Avoid extremely hot or cold foods and beverages the first few days after restoration placement. It is normal to have discomfort in the gums around the tooth after the anesthesia used for the procedure wears off.

Crowns, bridges and veneers are very durable restorations that do not break down as fillings eventually do. However, the underlying tooth beneath the restoration is still vulnerable to decay,

especially at the interface of the tooth and the crown. Please resume regular brushing and flossing immediately. Daily home care and mitigation of a sugary diet will increase the longevity of your new restorations.

Finally, patients who grind or clench their teeth typically have more postoperative problems. Expect more sensitivity and tenderness, as well as a longer recovery period. Properly designed night guards can help alleviate these problems.

Remember, your case is individual and no two mouths are alike. Please contact our office if you have any questions or concerns.



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