



Dentures After Care

Day of Surgery

Do not remove your denture for the first 24 hours after surgery (including while sleeping). When you return to the office the day after your surgery for your follow-up appointment, Dr. Broering will remove your denture. For the first seven days, your denture acts as a bandage to help control bleeding and limit swelling.

Day After Surgery

After your postoperative evaluation, you may remove your denture 2-3 times daily and rinse with warm salt water (1/2 tsp salt in 8 oz warm water). Cleanse your denture with a mild dish soap and water at this time as well. Replace your denture immediately, as swelling may develop and you will not be able to reinsert the denture.

One Week After Surgery

Seven days after surgery, you may begin removing your denture at night. After several weeks, you will notice your denture becoming loose as your tissues heal. Three weeks after your surgery, your denture can be relined with a temporary lining material. Sufficient healing must take place intraorally before this can be completed.

When Many Teeth are Removed

The removal of many teeth at one time is quite different than the extraction of one or two teeth. Because the bone around the teeth often need to be shaped and smoothed prior to the insertion of the denture the following conditions may normally occur.

- Minor bleeding can last up to two to three days. Biting pressure on the denture will promote clotting and decrease bleeding. During the first few days, do not chew with the denture, as this can create a pumping action that can increase bleeding. Avoid rinsing, spitting or using a straw for the first 24 hours. If heavy bleeding develops, remove the denture and bite on gauze for 30 minutes.

- Swelling usually reaches a maximum in two to three days.
- You may also experience discoloration of the eyes, face or neck.
- You may develop a sore throat due to muscle inflammation. This usually subsides in two to three days.
- Stretching of the corners of your mouth during surgery may result in dry, cracked lips. Lips can be kept moist with vaseline or another lip balm.

Changes in Your Mouth

When immediate dentures have been inserted, sore spots often develop and your bite will likely feel imperfect. Increased saliva production, speech difficulties, a feeling of gagging and trouble swallowing are not uncommon. However, these symptoms will subside as you get used to your new denture and it is adjusted to fit your mouth.

Be sure to take all your medications as directed.

Diet

Although your natural teeth have been replaced with a denture, you will not be able to eat regular foods initially. A liquid to soft food diet is recommended the day of surgery. For the rest of the first week, limit your diet to soft, nutritious foods and drink plenty of liquids. After the first week, gradually introduce normal foods into your diet as you are able to tolerate.

Refrain from smoking for at least 48 hours after surgery.

Avoid overexertion and get adequate rest. This will help your body heal. Avoid strenuous activity for at least 2-3 days after surgery.

Remember, your case is individual and no two mouths are alike. Please contact our office if you have any questions or concerns.



P: (419) 629-2188

F: (419) 925-8000

info@broeringdental.com

710 E. Monroe St.
New Bremen, OH 45869