



Dentures and Partials After Care

The following will help you prepare for your new prosthesis:

- It is normal to experience some discomfort, sore spots and speech problems while getting used to your new dentures. Your dentures may need a few adjustments until you are comfortable. To help with speech, read aloud for a few minutes every day.
- Your mouth will adjust and your speech will improve.
- Your bite may need adjusted as your dentures settle.
- It is important to clean your denture with a denture brush. Normal dish soap is non abrasive and does a great job cleaning your denture.
- Leave your dentures out for at least six hours each night to allow your gums to rest. Food particles trapped under the denture cause inflammation and sore spots. Brush the roof of your mouth as well as your gums and tongue. This will help keep your mouth healthy.
- For partial dentures with metal clasps special care should be taken while inserting and removing them. Keep your partials and remaining teeth very clean to prevent tooth decay and gum disease.

Return once per year to have your dentures and mouth checked. Changes occur in the mouth resulting in bone loss and wear of the teeth. These changes will make the denture not fit properly and cause trauma to your gums and bone leading to continuing damage.

With proper care, you should enjoy years of use of your dentures. However, overtime, changes occur in your jawbone and gums. When this happens, your dentures/partial will feel loose and may require relining. Wearing ill fitting dentures/partial for too long without refitting can cause severe bone loss and potentially serious oral disease.

Remember, your case is individual and no two mouths are alike. Please contact our office if you have any questions or concerns.



P: (419) 629-2188

F: (419) 925-8000

info@broeringdental.com

710 E. Monroe St.

New Bremen, OH 45869