



Root Canal After Care

After a root canal, it is normal to experience slight discomfort for a few days, especially when chewing. It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving a root canal. However, this discomfort should subside within a few days to weeks. Even if you were not experiencing any tenderness or irritation prior to treatment, it is normal to experience some degree of discomfort for a few days after the procedure. The tenderness is normal and no cause for alarm.

Pain

If medication was deemed necessary, take as prescribed for discomfort. Normally, over the counter pain medication will help lessen post operative discomfort. Tylenol or Extra Strength Tylenol may be taken as directed every 3-4 hours. Two to four Ibuprofen (Motrin or Advil) 200mg tablets (400-800mg) may be taken every 6 hours.

Reminder:

- Should you experience discomfort that cannot be controlled with pain medications or should swelling develop, please call our office.
- If antibiotics are prescribed, continue taking them for the indicated length of time, even if all signs and symptoms of infection are gone.
- To further reduce pain and swelling, rinse with warm salt water 3 times a day. Use ½ teaspoon of salt dissolved in 8 ounces of warm water.
- It is important to continue to brush and floss normally

After Root Canal Treatment

After root canal treatment, the last step is the placement of a crown on the tooth. A crown covers and protects the tooth from breaking in the future. Unless otherwise noted, it is critical to have a crown placed on your root canal therapy treated tooth as soon as possible. Delay in obtaining the crown may result in the fracture and or possible loss of the tooth. In the

meantime, to protect your tooth by avoiding chewing sticky foods. Also, avoid biting hard foods and hard substances, such as ice, fingernails and pencils. If possible, chew only on the opposite side of your mouth. If your bite feels uneven or you have persistent pain, please call the office.

Remember, your case is individual and no two mouths are alike. Please contact our office if you have any questions or concerns.



P: (419) 629-2188

F: (419) 925-8000

info@broeringdental.com

710 E. Monroe St.

New Bremen, OH 45869